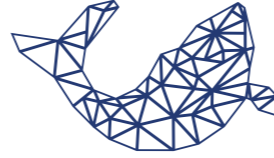




WHITEFISH MAIN MENU



f WHITE FISH RESTAURANT
@THEWHITEFISHRESTAURANT
@KOSHER WHITE FISH

STARTERS

- VEGETABLE SPRING ROLLS:** mixed vegetables, glass noodles, deep fried and served with a sweet and sour chilli sauce (2 per portion) (V) (N) £8.00
- SPICY SALMON SPRING ROLLS:** salmon, mixed vegetables and glass noodles deep fried and served with a sweet and sour chilli sauce & sesame oil (2 per portion) (N) £9.50
- COD FISH CAKES:** Cod and mashed potato lightly fried in breadcrumbs (D) £9.00
- THAI FISH CAKES*:** Haddock marinated in Thai spices mixed with red chilli and green beans (N) £9.00
- FISH BALLS*:** Six served with tartare sauce £7.00
- SOUP OF THE DAY:** Ask for the daily specials £8.50
- FISH SOUP:** Sea bass in a tomato & grilled pepper base with smoked paprika £11.00

MAINS

FRIED

All fried fish is served with a choice of either: chips / mash / israeli salad / rice / new potatoes

- HADDOCK**** £23.00
- COD** £23.00
- COD GOUJONS** £23.00
- COD FISH CAKES:** Cod and mashed potato lightly fried in breadcrumbs (D) £20.50
- CRISPY COD:** Strips of cod deep fried in a garlic, lime and white wine sauce £23.00

PLEASE ASK US ABOUT THE CATCH OF THE DAY!

NOTES:
All fish is prepared in either batter or matzo meal.
** We advise batter for haddock.

GRILLED

All grilled fish is served with a choice of one side dish

- HADDOCK**** £24.50
- COD** £24.50
- SALMON** £28.00
- SEA BASS:** (filleted) marinated in olive oil, garlic lime and white wine sauce £28.00

NOTES:
Please allow up to 20-30 minutes for us to grill your fish to perfection.

PASTA

- POMODORO:** Pasta served in a traditional homemade Italian tomato sauce (V) £14.00
- ARRABIATA:** Pasta served in a homemade tomato and garlic sauce with crushed chillies (V) (N) £15.00
- AL FUNGHI:** Tagliatelle served in a white wine and cream sauce with mushrooms (D) £19.00
- SMOKED SALMON ALFREDO:** Tagliatelle served in a white wine and cream sauce, with salmon & spinach (D) £22.00
- ROSA:** Tagliatelle pasta in a rosa sauce with mushrooms. (D) £19.00

FUSION

- THAI VEGETABLE NOODLES:** Tossed noodles with a selection of vegetables, soy sauce and sesame seeds (V) (N) £19.00
- BANG BANG FISH:** Deep fried cod goujons served in a Sweet and sour chilli sauce with steamed rice (N) £24.00
- PAD THAI:** stir fried Thai rice noodles with egg, carrots, cabbage, spring onion in tamarind sauce served with pieces of grilled cod and topped with peanut sauce and peanuts (N) £26.00
- SWEET AND SOUR FISH:** Strips of deep fried cod and stir fried vegetables in a traditional Thai sweet and sour sauce with steamed rice £26.00
- THAI RED CURRY*:** Haddock served in a spicy red curry with green beans, peppers, courgettes, aubergine, baby corn, carrot and with steamed rice. Vegan option available (N) £26.00
- THAI GREEN CURRY *:** Haddock served in a mild green curry with green beans, peppers, courgettes, aubergine, baby corn, carrot with steamed rice. Vegan option available (N) £26.00
- COD TERIYAKI UDON:** Grilled cod Teriyaki with sesame seeds served over seasoned stir fried vegetable and udon noodles (N) £26.00
- SALMON TERIYAKI:** Grilled salmon teriyaki with sesame seeds served over mashed potatoes and stir fried vegetable (N) £28.00
- SPICY COD WITH RICE:** Grilled cod with spicy sauce over stir fried vegetables & rice (N) £26.00
- COD WITH TERIYAKI RICE:** Grilled cod teriyaki served over stir fried vegetable rice (N) £26.00
- SALMON TERIYAKI UDON:** Grilled salmon teriyaki with sesame seeds served over stir fried vegetables and udon noodles (N) £28.00
- WHITE FISH CURRY:** White Fish's signature curry. Cod served in a homemade onion based spicy sauce, with peppers, tomatoes, chickpeas, aubergines and mixed herbs with steamed rice (N) £26.00
- VEGETARIAN OPTIONS:** Curries or Pad Thai can be prepared without fish and supplemented with additional vegetables. (V) £19.00

NOTES:
All menu items are prepared in environment containing nuts, soya, sesame & wheat

FOOD ALLERGIES AND INTOLERANCES

Please speak to our staff about the ingredients in your meal when placing your order.

DESSERTS

Made freshly on our premises. Ask for our daily specials.

SIDES

- GRILLED VEGETABLES** (V) £6.00
- ISRAELI SALAD** (V) £5.50
- MASHED POTATOES** (D) £5.50
- MASHED POTATOES WITH CARAMELISED ONION** (D) £6.00
- MASHED POTATOES WITH HERBS** (D) £6.00
- STEAMED FRENCH BEANS** (V) £5.50
- STEAMED PEAS** (V) £5.50
- STEAMED RICE** (V) £4.50
- CHIPS** £6.00
- COLESLAW** £5.00
- MUSHY PEAS** (V) £5.00
- HOMEMADE PICKLED CUCUMBERS** (V) £4.50
- NEW POTATOES SERVED IN OLIVE OIL & HERBS** (V) £5.50
- STEAMED FRENCH BEANS, PEAS AND CARROTS** (V) £6.00

DRINKS

- COCA-COLA / DIET COKE / COKE ZERO / 7UP / DIET 7UP / STILL MINERAL WATER / SPARKLING WATER** £3.50
- ISRAELI FRUIT JUICES** £3.50
- LARGE STILL / SPARKLING WATER** £5.00
- BEERS** £5.00

HOT DRINKS

- ESPRESSO** £3.00
- CAPPUCCINO / CAFFÉ LATTE / AMERICANO / HOT CHOCOLATE** £4.00
- TEA / HERBAL TEA / LEMON TEA** £3.50
- HOT LEMON / MINT WATER** £2.50
- FRESH MINT TEA** £3.00

(D) DAIRY (N) CONTAINS NUTS (V) VEGETARIAN (M) MILD (S) SPICY

