












## SIDES

GRILLED VEGETABLES 	£5.00
ISRAELI SALAD 	£4.00
MASHED POTATOES 	£4.50
MASHED POTATOES WITH CARAMELISED ONION 	£5.00
MASHED POTATOES WITH HERBS 	£5.00
STEAMED FRENCH BEANS 	£4.50
STEAMED FRENCH BEANS, PEAS AND CARROTS	£4.50
STEAMED PEAS	£4.50
STEAMED RICE 	£4.00
CHIPS	£4.50
COLESLAW	£4.00
MUSHY PEAS 	£4.00
HOMEMADE PICKLED CUCUMBERS 	£4.00
NEW POTATOES 	£4.50
TARTARE SAUCE	£0.75
SWEET CHILLI SAUCE	£0.75
MAYONNAISE	£0.75
TERYAKI SAUCE	£0.75
RED CHILLI SAUCE 	£0.75

## DRINKS

COCA - COLA / DIET COKE / COKE ZERO / 7UP /	
DIET 7UP / STILL MINERAL WATER /	
SPARKLING WATER	£1.75
ISRAELI FRUIT JUICES	£2.00

\* Item is subject to availability

Food allergies and intolerances: please speak to our staff about the ingredients in your meal when placing your order. Thank you.

 DAIRY  CONTAINS NUTS  VEGETARIAN  MILD  SPICY

## CATERING

Let White Fish help with all of your catering needs. We are delighted to offer a wide selection of dishes for business and social events. We also cater for Shabbat and Festivals.

## OPENING/CLOSING HOURS

Monday - Thursday:	16:30 - 22:00
Friday:	Opening hours vary according to Shabbat times
Saturday:	CLOSED
Sunday:	16:30 - 22:00

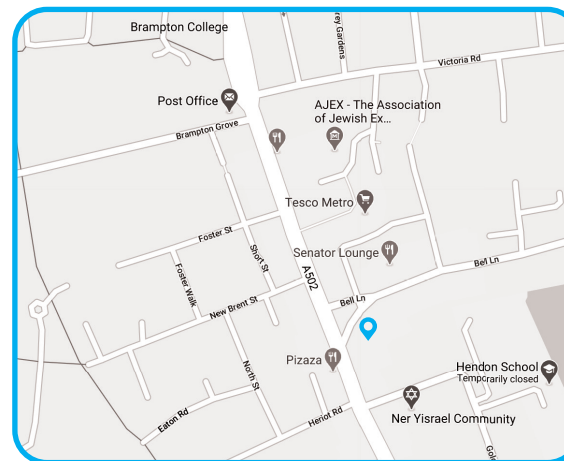
(Subject to changes in light of current Covid related circumstances)

COLLECTION OR  deliveroo

## ADDRESS

10-12 Bell Ln,  
Hendon  
NW4 2AD

Bus: 183, 240 / Stop Bell Ln  
Underground: Northern / Hendon Central



KOSHER  
RESTAURANT

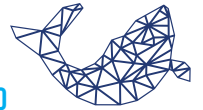
# WHITEFISH

TAKEAWAY: 020 8203 6364

RESERVATIONS: 020 8202 8780

EMAIL: [THEWHITEFISHRESTAURANT@GMAIL.COM](mailto:THEWHITEFISHRESTAURANT@GMAIL.COM)

[WWW.WHITEFISHRESTAURANT.CO.UK](http://WWW.WHITEFISHRESTAURANT.CO.UK)



## STARTERS

<b>VEGETABLE SPRING ROLLS:</b> mixed vegetables, glass noodles, deep fried and served with a sweet and sour chilli sauce. 2 per portion (V) (N)	£6.00
<b>SPICY SALMON SPRING ROLLS:*</b> salmon, mixed vegetables and glass noodles deep fried and served with a sweet and sour chilli sauce & sesame oil. 2 per portion (N)	£8.00
<b>COD FISH CAKES:</b> cod and mashed potato lightly fried in breadcrumbs (2 pieces) (D)	£7.00
<b>THAI FISH CAKES:*</b> Haddock marinated in Thai spices mixed with red chilli and green beans (V) (N)	£7.00
<b>FISH BALLS:*</b> six served with tartare sauce	£6.00
<b>SOUP OF THE DAY:</b> Ask for the Daily Specials	£7.00
<b>FISH SOUP:</b> Sea bass in a tomato & grilled pepper base with smoked paprika	£9.00

## MAINS

### PASTA

<b>POMODORO:</b> Pasta served in a traditional homemade Italian tomato sauce (V)	£13.00
<b>ARRABIATA:</b> Pasta served in a homemade tomato and garlic sauce with crushed chillies (V) (N)	£14.00
<b>AL FUNGHI:</b> Tagliatelle served in a white wine and cream sauce with mushrooms (D)	£15.00
<b>SMOKED SALMON AL FREDO:</b> Tagliatelle served in a white wine and cream sauce, with smoked salmon, & spinach (D)	£19.00
<b>ROSA:</b> Tagliatelle pasta in a rosa sauce with mushrooms (D)	£15.00

### NOTES:

All menu items are prepared in environment containing nuts, soya, sesame & wheat

### GRILLED

*All grilled fish is served with a choice of one side dish*

<b>HADDOCK / COD</b>	£18.00
<b>SALMON</b>	£22.00
<b>SEA BASS:</b> (filleted) marinated in olive oil, garlic lime and white wine sauce	£22.00

### FRIED

*All fried fish is served with a choice of either chips / mash / israeli salad / rice / new potatoes*

<b>HADDOCK**</b>	£16.50
<b>COD</b>	£16.50
<b>COD GOUJONS</b>	£16.50
<b>COD FISH CAKES:</b> Cod and mashed potato lightly fried in breadcrumbs (D)	£15.00
<b>CRISPY COD:</b> Strips of cod deep fried in a garlic, lime and white wine sauce	£16.50

### PLEASE ASK US ABOUT THE CATCH OF THE DAY!

#### NOTES:

All fish is prepared on our grill. Please allow up to 30 minutes for us to grill your fish to perfection.

#### NOTES:

All fish is prepared in either batter or matzo meal.

\*\* We advise batter for haddock

\* Item is subject to availability

Food allergies and intolerances: please speak to our staff about the ingredients in your meal when placing your order. Thank you

### FUSION

<b>THAI VEGETABLE NOODLES:</b> Tossed noodles with a selection of vegetables, soy sauce and sesame seeds (V) (N)	£15.00
<b>BANG BANG FISH:</b> Deep fried cod goujons served in a sweet and sour chilli sauce with steamed rice (N)	£20.00
<b>PAD THAI:</b> stir fried Thai rice noodles with egg, carrots, cabbage, spring onion in tamarind sauce served with pieces of grilled cod and topped with peanut sauce and peanuts (N)	£24.00
<b>SWEET AND SOUR FISH:</b> strips of deep fried cod and stir fried vegetables served in a traditional Thai sweet and sour sauce with steamed rice	£22.00
<b>THAI RED CURRY*:</b> haddock served in a spicy red curry with green beans, peppers, courgettes, baby corn, carrot, aubergine with steamed rice (N)	£24.00
<b>THAI GREEN CURRY *:</b> haddock served in a mild green curry with green beans, peppers, courgettes, baby corn, carrot, aubergine with steamed rice (N)	£24.00
<b>COD TERIYAKI UDON:</b> Grilled cod teriyaki with sesame seeds, served over stir fried udon noodle with seasoned vegetables (N)	£24.00
<b>SALMON TERIYAKI:</b> grilled salmon teriyaki with sesame seeds served over mashed potatoes and stir fried vegetable (N)	£26.00
<b>SPICY COD WITH RICE:</b> Grilled cod with spicy sauce over stir fried vegetables & rice (N)	£24.00
<b>COD WITH TERIYAKI RICE:</b> grilled cod teriyaki served over seasoned stir fried vegetables with teriyaki rice (N)	£24.00
<b>SALMON TERIYAKI UDON:</b> grilled salmon teriyaki with sesame seeds served over seasoned stir fried vegetables and udon noodles (N)	£26.00
<b>WHITE FISH CURRY:</b> White Fish's signature curry. Cod served in a homemade onion based spicy sauce, with peppers, tomatoes, chickpeas, aubergines and mixed herbs with steamed rice (N)	£24.00
<b>VEGETARIAN OPTIONS:</b> Curries or Pad Thai can be prepared without fish and supplemented with additional vegetables. (V)	£16.00

## DESSERT

Made freshly on our premises. Ask for our daily specials.