

SIDES

GRILLED VEGETABLES:	£4.50
ISRAELI SALAD:	£3.50
MASHED POTATOES:	£3.50
STEAMED VEGETABLES:	£4.50
STEAMED RICE:	£3.00
CHIPS:	£3.00
COLESLAW:	£2.50
MUSHY PEAS:	£3.00
HOMEMADE PICKLED CUCUMBERS:	£2.00
NEW POTATOES:	£3.00
TARTARE SAUCE / SWEET CHILLI SAUCE / MAYONNAISE	£0.50

DRINKS

COCA-COLA / DIET COKE / FANTA / 7UP / DIET 7UP / STILL MINERAL WATER / PERRIER	£1.25
ISRAELI FRUIT JUICES	£1.50

* Item is subject to availability

Food allergies and intolerances: please speak to our staff about the ingredients in your meal when placing your order. Thank you.

CATERING

Let White Fish help with all of your catering needs. We are delighted to offer a wide selection of dishes for business and social events of all sizes. We also cater for Shabbat and Festivals. Sushi platters available for any occasion.

EVENTS

White Fish is the perfect venue for hosting an event or simcha. As well as creating a warm and welcoming environment, we can offer your guests a buffet style, set menu or A la Carte service. White Fish can hold up to 60 guests in the restaurant for private functions.

OPENING/CLOSING HOURS

Monday - Thursday:	12.00 - 14.30 & 17.00 - 22.30
Friday:	Open for collection of pre-orders.
Saturday:	CLOSED
Sunday:	12.00 -14.30 and 17.00 - 22.30

**£2.50 DELIVERY CHARGE
TO N2, N3, NW4, NW7 & NW11**

ADDRESS

10-12 Bell Ln,
Hendon
NW4 2AD

Bus: 183, 240 / Stop Bell Ln
Underground: Northern / Hendon
Central



KOSHER
RESTAURANT

WHITEFISH

TAKEAWAY: 020 8203 6364

RESERVATIONS: 020 8202 8780

EMAIL: WHITEFISHRESTAURANT@GMAIL.COM

WWW.WHITEFISHRESTAURANT.CO.UK



STARTERS

VEGETABLE SPRING ROLLS: mixed vegetables, glass noodles, deep fried and served with a sweet chilli sauce. 2 per portion	£4.50
SPICY SALMON SPRING ROLLS:* salmon teriyaki, mixed vegetables and glass noodles deep fried and served with a sweet chilli sauce. 2 per portion	£5.50
COD FISH CAKES: cod and mashed potato lightly fried in breadcrumbs	
STARTER (2 pieces)	£4.50
MAIN (3 pieces served with choice of either chips / mashed potato / new potatoes / rice/ israeli salad)	£10.50
THAI FISH CAKES:* haddock with mixed vegetables and spices. (3 pieces)	£4.50
FISH BALLS:* six served with tartare sauce	£4.50
SOUP OF THE DAY: please ask for our daily special	£5.00
SPECIAL SOUP	£7.00

MAINS

GRILLED

All grilled fish is served with a choice of one side dish

SALMON STEAK	£16.00
SEA BASS: (filleted) marinated in olive oil, garlic, lemon, lime and white wine	£16.00
CHARGRILLED TUNA STEAK	£18.00
DOVER SOLE*	Market price

NOTES:

All fish is prepared on our grill. Please allow up to 30 minutes for us to grill your fish to perfection.

TRADITIONAL

All fried fish is served with a choice of either chips / mash / israeli salad / rice / new potatoes

HADDOCK**	£11.50
COD	£11.50
COD GOUJONS	£11.50
FILLET OF PLAICE**	£12.50

PLEASE ASK US ABOUT THE CATCH OF THE DAY!

NOTES:

All fish can be grilled for a £1.50 supplement. All fish is prepared in either batter or matzo meal.

** We advise batter for haddock and plaice.

PASTA

POMODORO: spaghetti served in a traditional Italian tomato sauce	£8.50
ARRABIATA: spaghetti served in a homemade tomato and garlic sauce with crushed chillies	£8.50
AL FUNGHI: tagliatelle served in a white wine and cream sauce with mushrooms	£9.50
AL TONNO: spaghetti served in a homemade tomato sauce with flakes of tuna and black olives	£11.00
SMOKED SALMON AL FREDO: tagliatelle served in a white wine and cream sauce, with smoked salmon and courgettes	£12.00

THAI

THAI VEGETABLE NOODLES: tossed noodles with a selection of vegetables	£12.00
BANG BANG FISH: strips of deep fried cod served in a sweet and sour chilli sauce with steamed rice	£15.00
SWEET AND SOUR FISH: strips of deep fried cod and stir fried vegetables served in a traditional Thai sweet and sour sauce with steamed rice	£16.00
THAI RED CURRY*: haddock served in a spicy red curry with bamboo shoots, green beans, peppers, courgettes, aubergine and basil with steamed rice	£17.00
THAI GREEN CURRY *: haddock served in a mild green curry with bamboo shoots, green beans, peppers, courgettes, aubergine and basil with steamed rice	£17.00
COD TERIYAKI UDON: grilled cod served over seasoned stir fried vegetables and udon noodles	£17.00
SALMON TERIYAKI: grilled salmon teriyaki with sesame seeds served over mashed potatoes and stir fried vegetable	£19.00

DESSERT

Made freshly on our premises. Ask for our daily specials	£6.00
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SALAD

CHIRASHI: a bowl of sushi rice with cucumber, chives, nori and finely chopped fresh fish, dressed with teriyaki sauce

SALMON	£11.00
TUNA	£13.00

TARTARE

SALMON: chopped Salmon, with capers, shallots, coriander, red chilli, olive oil and soy sauce £13.00

TUNA: chopped Tuna, with capers, shallots, coriander, red chilli, olive oil and soy sauce £15.00

PLATTERS

PLATTER A – approximately 56 pieces: £35.00
Maki: special 16 pieces / vegetable 16 pieces / regular rolls 24 pieces

PLATTER B – approximately 80 pieces: £45.00
Maki: special 24 pieces / vegetable 16 pieces / regular 40 pieces

PLATTER C – approximately 120 pieces: £69.00
Maki: special 32 pieces / vegetable 40 pieces / regular 48 pieces

EXTRA

EDEMAME £2.50

ANY EXTRA SAUCE £0.50

ANY EXTRA TOPPINGS £0.50

PLEASE ASK FOR OUR DAILY SPECIALS

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SUSHI MENU

MAKI / VEGETARIAN 8 PIECES

AVOCADO	£3.00
CUCUMBER	£3.00
MANGO	£3.00
MIXED VEGETABLES	£3.00
SWEET POTATO TEMPURA ROLL	£3.50
CREAM CHEESE AND AVOCADO	£3.50
CREAM CHEESE AND CUCUMBER	£3.50

MAKI / FISH 8 PIECES

SALMON	£4.00
TUNA	£4.50
SALMON AVOCADO	£4.00
TUNA AVOCADO	£4.50
SPICY SALMON AVOCADO	£4.00
SPICY TUNA AVOCADO	£4.50
SMOKED SALMON AND CREAM CHEESE	£4.50

SASHIMI 5 SLICES

SALMON	£6.00
SEARED PEPPER SALMON	£6.50
SEARED SESAME SALMON	£6.50
TUNA	£7.50
SEARED PEPPER TUNA	£8.00
SEARED SESAME TUNA	£8.00

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INSIDE-OUT ROLL 8 PIECES

SALMON AVOCADO	£4.50
TUNA AVOCADO	£5.00
CALIFORNIA: mock crabstick, cucumber and avocado	£4.50
CALIFORNIA: with spicy mayo	£5.00
SPICY SALMON	£4.50
SPICY TUNA	£5.00
SALMON SKIN	£4.50
ALASKA: salmon, cucumber & avocado	£4.50
PHILADELPHIA: smoked salmon, cream cheese and avocado	£4.50
SALMON AND DILL	£4.50
SALMON TERIYAKI: cooked salmon and cucumber	£5.00

NIGIRI 2 PIECES

SALMON	£2.50
TUNA	£3.00

FUTOMAKI TEMPURA ROLLS 6 PIECES

HOLY HARTNELL: fried cod and chips inside with spicy mayo outside	£6.50
SALMON TEMPURA: fried salmon and avocado wrapped in seaweed and topped with spicy mayo	£6.50
TUNA TEMPURA: fried tuna and avocado wrapped in seaweed and topped with spicy mayo	£7.00
COD TEMPURA: fried cod and avocado wrapped in seaweed and topped with spicy mayo	£5.50
SALMON TERYAKI TEMPURA: fried salmon inside topped with chives and teryaki sauce	£6.50
TUNA TERYAKI TEMPURA: fried tuna inside topped with chives and teryaki sauce	£7.50

SPECIAL ROLLS 8 PIECES

SWEET HEART: spicy salmon and tempura flakes inside with salmon, tuna and avocado outside	£7.50
SALMON TATAKI: spicy salmon inside with seared salmon and chives outside	£7.50
TUNA TATAKI: spicy tuna inside with seared tuna and chives outside	£8.00
BLACK PEPPER TUNA: spicy tuna, avocado and tempura flakes inside with seared black pepper tuna and avocado outside	£8.00
RED DRAGON: mock crabstick, avocado and cucumber inside with spicy tuna outside	£8.00
GREEN DRAGON: mock crabstick, avocado and cucumber inside with avocado outside	£7.00
VOLCANO: tuna, salmon, tempura flakes and spicy mayo inside with finely chopped mock crabstick and tempura with mayo outside	£9.00
NEW YORK: smoked salmon, avocado and mango inside with smoked salmon and cream cheese outside	£7.00
CATERPILLAR: fried tuna and avocado inside with avocado and spicy mayo outside	£7.50
FANTASY: spicy tuna and spicy salmon inside with chopped spicy tuna and salmon outside	£9.00
WHITE FISH CRUNCH: salmon with tempura flakes, spicy mayo and chives inside and salmon and tempura flakes outside	£7.50
MANGO TANGO: fried tuna, avocado and spicy mayo inside with mango and spicy sauce on top	£9.50
LION KING: mock crabstick, cucumber and marinated salmon with seven spices	£8.00
BIG MAMA: tuna, avocado, mock crabstick and tempura flakes wrapped in seaweed	£8.00
MIAMI: fried salmon and tuna inside with avocado, sweet potatoe flakes, teryaki sauce and mayo outside	£8.00
SPIDER: fried salmon and tuna inside with avocado, beetroot flakes, teryaki sauce and mayo outside	£8.00